



Intensive Home-Based Interventions

CARES, Intensive Home-Based Intervention is a short-term (up to 14 days) program designed to reduce crisis situations, emergency room visits and inpatient admissions while treating youth in the least restrictive setting.

Our multidisciplinary Clinical Resource Team (CRT) is embedded in the CARES service model. The team is multi-faceted and trained to work with youth with complex medical and/or behavioral needs utilizing trauma-informed practices. Our CRT includes:

- ✓ Psychiatrist and/or ARNP
- ✓ Psychologist
- ✓ Registered Nurse
- ✓ Licensed Clinical Social Worker
- ✓ Behavioral Specialists

Connect
Assess
Respond
Engage
Support



There's No Place Like Home

The team will engage youth, their family and nature supports to assess needs, and create strategies to stabilize the youth while connecting the family to resources in their community.

- ✓ Triage, screening and assessment.
- ✓ In-home clinical interventions with a Clinician and Behavioral Specialist including DBT, psychoeducation, and motivational interviewing.
- ✓ Nursing and psychiatric assessment with medication management.
- ✓ 24/7 telephonic crisis response with our multidisciplinary CRT.
- ✓ In-home care management and coordination.



Our Team

The CARES program partners with WellSense Health Plan, AmeriHealth Caritas and New Hampshire Healthy Families to provide intensive home-based interventions to proactively reduce crisis situations, divert emergency department visits and shorten inpatient hospitalization stays.

Our experienced team of behavioral health clinicians will engage youth and families in the treatment process and create a plan that is individualized, holistic and trauma informed. Each youth receives daily wraparound support provided by a multidisciplinary team. Our team utilizes a strength-based approach that is grounded in evidence-based practices.

Our experienced team will engage youth and families to be part of the treatment process to create a plan that is holistic, individualized and trauma informed.



*CARES is a program
offered by LifeConnections*

www.lifeconnectionsusa.org

Admission Criteria

Youth ages 5-18 years have multiple mental health diagnoses, intellectual and developmental disability, traumatic brain injury, substance use disorder or post-traumatic stress disorder.

Individuals must:



Be a member of WellSense Health Plan, AmeriHealth Caritas and New Hampshire Healthy Families.



Show deterioration in functioning from baseline.



Be at risk for placement in an acute inpatient setting or residential treatment facility.



Be able to safely return home with intervention and support.



Have their family agree to actively engage in services and supports for up to 3 hours per day for 14 days.



Exhibit no active suicidal or homicidal ideation at the time of referral.

Contact Us

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